



*Tweed*  
**PALLIATIVE  
SUPPORT** *Inc*

**Volunteers caring for our community**

## **FACT SHEET**

## **Book List**

Tweed Palliative Support and Wedgetail Retreat Hospice have an extensive library for clients' use. Helpful resources for children, teenagers and adults. The books below are widely available and may be helpful if you are a palliative care client, carer, health professional, family member or friend.

### **Care and Grief**

**After Life, After You:  
True Stories of Love, Grief and Hope**  
By S.K Reid

**Coping with Grief 4<sup>th</sup> Edition**  
By Mal & Dianne McKissock

**Grief and Remembering: 25 Australians Tell it  
Like it is**  
By Allan Kellehear

**In My Own Way**  
By Dianne & Mal McKissock

**On Grief and Grieving: Finding the Meaning of Grief Through the Five  
Stages of Loss**  
By Elisabeth Kubler-Ross & David A. Kessler

**On Children And Death**  
By Elisabeth Kubler-Ross

[www.tweedpalliativesupport.com.au](http://www.tweedpalliativesupport.com.au)

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**Stuck For Words - What to Say to Someone Who Is Grieving**  
By Doris Zagdanski

**Teenagers And Grief**  
By Doris Zagdanski

**The Grief Book: Strategies for Young People**  
By Elizabeth Vercoe **The Grief of Our Children**  
By Dianne McKissock

**Time to Listen (Originally published as “From the Other Side: How it Feels to be Young and Dying”)**  
By Amber Turk and Margaret Brown

**When a Man Faces Grief/A Man You Know is Grieving**  
By Thomas Golden and Jim Miler

**33 Things To Say ... When You Know Someone Who Is Grieving**  
By Doris Zagdanski

### **Meditation for Self Care**

**Meditation Pure And Simple**  
By Dr Ian Gawler

**Peace Of Mind**  
By Dr Ian Gawler

**The Book Of Gentle Wisdom**  
By Allan Kellehear

### **Professionals**

**Bereavement Counselling: Guidelines for Practitioners**  
By Dianne & Mal McKissock

**Grief Counselling And Grief Therapy**  
By J. William Worden

**Palliative Care Nursing: A Guide to Practice 3rd Edition**  
Edited By:  
Margaret O'Connor, Susan Lee and Sanchia Aranda

**The Anatomy Of Bereavement - A Handbook For The Caring Professions**  
By Beverley Raphael

**Note:**

Palliative Care Australia [www.palliativecare.org.au](http://www.palliativecare.org.au) has many booklets and resources available on their website.

**Other Resources:**

[www.grief.org.au](http://www.grief.org.au)

[www.caresearch.com](http://www.caresearch.com)

[www.bereavementcare.com.au](http://www.bereavementcare.com.au)

[www.mygriefassist.com.au](http://www.mygriefassist.com.au)